

GLUCOSE BLOOD TEST

DESCRIPTION

The Glucose (Serum) Test, also known as the Fasting Blood Glucose Test, is the most common test used to diagnose hyperglycemia (higher than normal levels of blood sugar), hypoglycemia (lower than normal levels of blood sugar) and diabetes. It's commonly given by your doctor every year and during pregnancy. In addition, Diabetics self conduct this test multiple times a day to monitor their blood glucose.

Note: Be sure to fast (not eat) for 10-12 before the test to ensure its accuracy.

WHY DO I NEED A GLUCOSE BLOOD TEST?

Are you diabetic or want to know if you're diabetic?

This test will determine if your blood glucose level is within a healthy range. It will also screen for, diagnose, and monitor pre-diabetes, diabetes, hyperglycemia and hypoglycemia.

HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?

Test results generally take between 24 to 72 business hours after your specimen is collected.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

Yes. You must fast at least eight (8) hours prior to having your specimen collected.

OTHER RELEVANT LAB TESTS

Customers who purchase this test may also consider the Hemoglobin A1c or upgrade to a Value Panel including the Diabetes Maintenance Panel or the Annual Check-Up Panel.

WRITTEN BY:

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**For more information or to schedule an appointment please call at
(469) 212-7892**